



## Behavioral Health Advisory Board (BHAB) Executive Committee Meeting Minutes

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**Date:** November 5, 2015  
**Time:** 2:30 pm – 3:15 pm  
**Place:** 1600 Pacific Highway – Room 358  
San Diego, CA 92101

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### AGENDA ITEMS

#### I. Call to Order

Meeting called to order by Tom Behr at 2:35p. Those present were Executive Committee members, Tom Behr, Chair, Phillip Deming, 1<sup>st</sup> Vice Chair, Jenifer Mendel, 2<sup>nd</sup> Vice Chair, and Rebecca Hernandez, Member-at-Large. Behavioral Health Services staff, Alfredo Aguirre, BHS Director and Traci Finch, Administrative Analyst III were also present.

#### II. Approval of the Minutes from October 1, 2015

M/S approval of minutes Deming/Mendel. All ayes

#### III. Hearing from the Public (limited to 2 minutes per speaker)

None

#### IV. BHAB Officer Elections Today

Tom Behr reviewed definition of a slate and how the election process will flow at the regular meeting later today. Tom confirmed the first step will be approval or rejection of the slate as a whole. If BHAB votes to approve the slate, the elections process ends. If BHAB votes to reject the slate, Tom will then move through each officer position, open nominations from the floor and instruct BHAB to vote on each position. Traci Finch confirmed this process and clarified if someone nominates another BHAB member, then Tom must first gain consent of the nominee before moving the vote forward.

Tom recommended the newly elected officers join the December Executive Meeting for the purpose of finalizing priorities established at the Fall Retreat which will be ready to carry forward into the new year. The Executive Committee agreed.

#### V. BHAB Annual Report

Tom reported the 2015 BHAB Annual Report is being drafted now by Traci to be presented at the January 7, 2016 meeting. Traci explained the report will include the following:

1. Message from the BHS Director
2. Message from BHAB Chair (new)
3. List of Action Items put to vote
4. Summary of Presentations
5. Highlight of major accomplishments from 2015

Tom requested Traci to present a draft at the December Executive Meeting along with the source that mandates the Annual Report requirement.

## VI. Fall Retreat Reflections

Tom reminded the Executive Committee that each BHAB Member shared their highest priority at the Fall Retreat last month. For the five members that were absent for that discussion, Traci confirmed all but three have provided input. She will follow up again with those who have not responded.

All agreed the Fall Retreat was a great success and time well spent. Good discussions were held with equal opportunity for members to share opinions. The retreat also provided a forum for members to get to know each other better. The group discussed the following ideas:

1. Consider planning additional retreats throughout the year. Perhaps hold twice per year if BHAB Members are able to attend on an additional half-day Saturday. Alfredo and Traci indicated staff would be able to accommodate.
2. Formatting a regular BHAB meeting to accommodate a longer discussion (perhaps May/June since it's a halfway point.)
3. Having regular BHAB meetings lend themselves to more discussion and less presentations.
4. Continuing to ensure there is equal time spent on mental health topics and alcohol and drug topics. Although there may be a perception of imbalance by some, Traci confirmed there have been four mental health topics presented and four alcohol and drug topics presented to date.

## VII. BHAB Meeting Review

The Executive Committee confirmed the following topics for upcoming months:

### 1. December 3

- a. Alcohol Licensing and Enforcement (45 minutes) – Alfredo confirmed this will be a paired presentation with Jerry Hall and Linda Bridgeman-Smith.
- b. Suicide Prevention Workgroup, Part II - **Action Item** (45 minutes)
  - i. For today's meeting, Tom will introduce the report as an Information Item. Phil will present the recommendations.
  - ii. Alfredo noted the December discussion will call for BHAB to vote on which recommendations they would like to support. Traci will create a one-page matrix/tool of some sort to assist BHAB members move through the action item.
  - iii. Alfredo and Traci are working now to decide how BHS moves the recommendations forward (perhaps a Board Memo from Nick Macchione to BHAB) and how BHS will operationalize if directed to implement.
  - iv. Alfredo has shared the report with Public Safety Group since there is one recommendation that suggests action from SD County Sheriff's Department and Probation.
  - v. Phil noted the recommendations are weighted equally and listed in no particular order.
  - vi. Alfredo will wait and see which recommendations BHAB will put forward in December. At that time, BHS will respond with a feasibility report (of some sort) to include feedback from County staff.

### 2. January 7

- a. Homeless individuals/Veterans (Dr. Piedad Garcia)
- b. Assisted Outpatient Treatment (AOT)/Laura's Law Update (Dr. Piedad Garcia)

## VIII. Housekeeping

Tom addressed the issue of individual BHAB members making requests to BHS staff. He noted this not only presents a burden of staff time, but also has the potential of one request not being reflective of what the group wants as a whole. It was agreed that the joint December Executive Meeting would address these concerns and establish a proper protocol. Phil informed the group that this issue extends to BHAB members requesting assistance from BHS contractors as well. All agreed to resolve this issue in December.

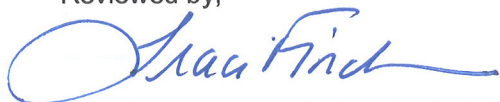
## IX. Adjournment

Adjourned at 3:30pm

December 2, 2015

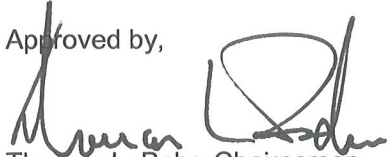
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Reviewed by,



Traci Finch, Administrative Analyst III  
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson  
Behavioral Health Advisory Board